




**McNeese Cowboy 5K
Stampede Fun Run**

**SATURDAY
October 3
7:30 A.M.
WARD 3 LAKE STREET
MULTI SPORTS COMPLEX**

SCHEDULE OF EVENTS

- | | | |
|------------------------------|----------------------------|---|
| 7:00 a.m. Course Inspection | 9:15 a.m. College Men's 5K | 10:45 a.m. Junior Varsity/ Middle School 2 Mile |
| 8:00 a.m. Fun Run 5K | 9:45 a.m. Varsity Girls 5K | 11:15 a.m. Junior Varsity/ Middle School 2 Mile |
| 8:45 a.m. College Women's 5K | 10:15 a.m. Varsity Boys 5K | 11:45 a.m. Elementary School 1/2 mile |

Awards for overall top 3 finishers: NO TROPHIES

Name: _____ Age: _____ Sex: _____

Address: _____ City: _____ Zip: _____

E-mail (optional): _____



Online Entry at www.directathletics.com
 Online Entry Fee: \$10.00 / Under 14: \$5.00
 Day of Entry Fee: \$15.00 / Under 14 \$10.00
 T-shirts available at event for \$10.00

Make checks payable to: **McNeese Athletic Foundation – Track**
 Mail to: MSU Baseball Office / 615 Bienville St. / Lake Charles, LA 70605

I know that running a road race is a particularly hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants and the effects of weather, including high heat and/or humidity and the conditions of the road. All such risks are known and appreciated by me. Having read the above, I and anyone entitled to act on my behalf, do waive and release McNeese State University, as well as their representatives, and sponsors and successors from all claims of liabilities of any kind arising out of my carelessness or on the part of the persons named in the waiver. Parents/Guardians must sign for their minor child.

Signature: _____ Date: _____

Guardian Signature: _____ Date: _____